



Trainee Affairs Department
Counselling and Guidance Section
Discharge Guidelines

1. The assessment and counselling plan for a referred physician is closed and the physician is discharged from the Section if he/she fulfils the following criteria:
 - 1.1 The referred trainee does not show any signs of psychiatric morbidity decided by the Section's psychiatrist given that there are no other issues such as social or academic.
 - 1.2 Resolved social issues.
 - 1.3 The reasons for referral are resolved and no follow up is required.
 - 1.4 The referred physician refuses to be evaluated or followed up by the Counselling and Guidance Section.
 - 1.5 The referred trainee graduates, withdraws or is terminated.
2. In case of a program referral, a discharge report will be issued and will be sent to the training program. A copy of the report will be kept in the trainee's file in the Counselling and Guidance Section.
3. In case of a self-referral, a discharge report will be issued and will be kept in the referred physician file in the Counselling and Guidance Section. The Counselling and Guidance Section file of the physician will be closed once the physician is discharged from the Counselling and Guidance Section.